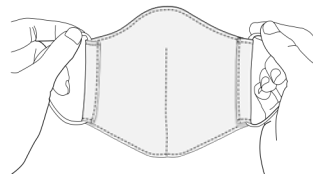
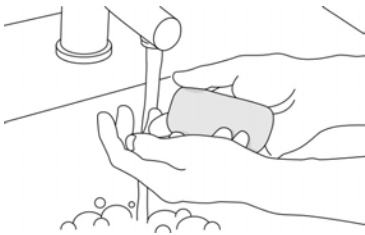


How to Use a Face Mask

General Guidelines

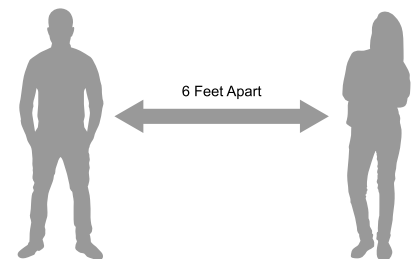


Putting on a mask



1. Ensure you are using a clean mask.
2. Wash hands with soap and water or alcohol-based hand sanitizer before touching mask.
3. Pick up mask by touching ear loops (or ties) only.
4. Avoid touching mask itself.
5. Hold both ear loops and place a loop around each ear.
6. Fit mask around mouth, nose, and chin.

While wearing a mask



- Mask should be either completely on or off; do not wear or rest under chin.
- Never wear mask inside-out.
- Remove mask if soiled or damp.
- Do not touch mask, face, or adjust mask while it is on.
- If you touch mask, wash hands with soap and water or hand sanitizer right away.
- Always follow physical distancing and good hygiene practices.

Removing a mask



1. Grab ear loops only and lift the mask off ears.



2. Pull bottom of mask off and away from mouth and chin.

3. If you plan to reuse your mask right away, place it in a clean paper bag so it will not contaminate other surfaces.
4. If it is a single-use mask, discard it directly into the garbage.
5. Clean hands with soap and water or alcohol-based hand sanitizer.